Polish Winter Open Diving Championships
December 19-21, 2025

Competition schedule

Thursday, December 18

	14:00 – 16:30	**Warm-up 1: Rzeszów, Norway, Netherlands, Czechia, Greece (35)**
	16:30 – 19:00	**Warm-up 2: Katowice, Tychy, Częstochowa, Warszawa, Ukraine (34)**
	19:15	**Team Leaders' Meeting**

Friday, December 19

	7:45 – 9:20	Warm-up
1	9:30 – 10:25	**Open Men + Women 1m (6+10)**
2	10:40 – 12:15	**B Boys + Girls 1m (6+13)**
3	12:30 – 13:30	**A Boys + Girls 3m (4+6)**
		Warm-up
4	15:00 – 15:50	**C Boys + Girls 3m (2+9)**
5	16:05 – 16:20	**A/B Synchro Boys + Girls Platform (1+2)**
6	16:35 – 16:50	**Mixed Synchro 3m (2)**

Saturday, December 20

	7:45 – 9:20	Warm-up
7	9:30 – 10:30	**A Boys + Girls 1m (3+7)**
8	10:45 – 11:35	**Open Men + Women 3m (7+8)**
9	11:50 – 12:50	**B Boys + Girls Platform (5+9)**
		Warm-up
	14:30 – 14:50	Opening ceremony
10	15:00 – 15:25	**Open Men + Women + A/B Synchro Girls 3m (1+3+2)**
11	15:40 – 16:20	**C Boys + Girls Platform (2+8)**

Sunday, December 21

	7:45 – 9:20	Warm-up
12	9:30 – 11:10	**B Boys + Girls 3m (5+15)**
13	11:25 – 12:00	**A Boys + Girls Platform (4+3)**
14	12:15 – 12:55	**C Boys + Girls 1m (2+8)**
15	13:10 – 13:50	**Open Men + Women Platform (6+6)**

*** Medal ceremonies will take place immediately after the end of each event**